



The Dudley Group
NHS Foundation Trust

Your Pre-operative Assessment

Pre-operative Assessment
Patient Information Leaflet

Who is this leaflet for?

If you have been told you require an operation involving an anaesthetic/sedation, you are required to attend the Pre-operative Assessment Clinic (PAC).

Where do I attend?

Our PAC is at Russells Hall Hospital. PAC is located on the Ground Floor, North Block. If you are attending for a booked appointment, further details can be found in your appointment letter.

- If you have been listed for surgery at another location, eg Corbett Outpatient Centre, New Cross Hospital etc, or your surgery is on a weekend, you will be required to attend for your pre-operative assessment at Russells Hall Hospital.
- If you have been listed for **urgent** surgery, you can attend any time between **8am - 5pm, Monday to Friday**, directly after your appointment at Russells Hall Hospital with your surgeon. If you are unable to attend immediately, you must return within five working days. Please note that we are not open on a bank holiday. If you have attended your initial clinic appointment at another location, please allow 48 hours between your clinic appointment and pre-operative assessment attendance.
- For **routine** surgery, you will have received a booked appointment letter stating where and when to attend. Please do not arrive more than five minutes before your appointment time. This is for your safety and to ensure adequate social distancing in the department.

What do I need to bring with me?

In order for us to perform a full assessment and provide you with all the necessary advice before your operation, we need a list of any medicines you take at home.

If you wear glasses, it is advisable to bring them with you.

If provided, please bring your completed pre-operative assessment health screening questionnaire with you.

What happens at your PAC appointment?

Before your anaesthetic, we need to know about your general health.

The pre-operative assessment process will take approximately **one to two hours**. This will depend on whether you have other medical problems or complex needs. In these instances, you may need to be seen by a consultant anaesthetist for further discussion. It is also an opportunity for you to ask questions about your anaesthetic and what to expect on the day of surgery.

What can you expect when you attend our PAC?

- You will be seen by one of our clinical support workers who will measure your height and weight and record your pulse, blood pressure etc.
- Routine swabs for MRSA will be taken from your nose and groin.
- If you are a Urology patient, it may be necessary to provide a urine sample.
- Each patient will be required to complete a screening questionnaire, if not already completed. This should take between 10 to 15 minutes.

- Our anaesthetists will look over your questionnaire and medical notes, and then one of our nurses will complete your pre-operative assessment.
- Look out for more useful information about preparing you for surgery by watching our TV screens in the clinic whilst you wait.

What if I need further tests?

Depending on the outcome of your assessment, you may require further investigations to make sure that you are fit for your surgery. These may include:

- Blood tests.
- An electrocardiogram (ECG) – a tracing of your heart.
- Lung function tests.
- A review with another hospital specialist.

Many of these can be performed at your appointment, but in some circumstances, you will be required to attend for a further visit.

To help us carry out the necessary tests in pre-operative assessment, it is helpful if you wear loose, comfortable clothing. If you would like to know more about having an ECG, we can provide you with written information.

If you wish to have a chaperone during your appointment/tests, please let a member of our staff know.

Our aim

Our aim is to ensure that you are as fit and as well prepared as possible before your operation. We will advise you about what you can do in the time leading up to surgery to improve your health and fitness.

We will provide you with all the information you need to make sure the day of your operation runs smoothly – this includes advice about fasting instructions and if/when to take your regular medicines.

What happens if I do not attend my PAC appointment?

In order for you to proceed safely with your operation, you must complete a pre-operative assessment. If you are unable to attend your appointment, you will need to contact us on 01384 456111 ext 1728.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Pre-operative Assessment: 01384 456111 ext 1728

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/anaesthetics/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔