



The Dudley Group
NHS Foundation Trust

Information for consent

Preparing for an implant procedure

Contraception & Sexual Health

Patient Information Leaflet

We are keen to make your clinic visit as easy as possible. It is important that you have read all the information that has been sent to you, and that are suitable for the procedure on the day you come.

Please read in full to confirm that you have understood and agree to the following. When you attend, we will confirm that you understand everything and you may ask us further questions.

- I have read the information on the contraceptive implant online or I already have an implant and am familiar with the method.

<https://www.sexwise.org.uk/contraception/contraceptive-implant>

- I know that it is intended to prevent pregnancy. It lasts three years, unless removed earlier, with a rapid return to fertility once removed.
- I understand that the implant is more than 99 per cent reliable, but that there is a small risk of pregnancy.
- I know that it is usually fitted, with local anaesthetic, under the skin of the upper arm, leaving only a tiny scar. I am aware of possible complications, such as bruising, infection, and deep insertions. I understand that a dressing will be applied and that I will need to wear it for 72 hours for an implant fit.
- I understand that bleeding patterns are likely to change during the use of a progestogen-only implant and may vary throughout the three years of use. If bleeding is a problem, you may be offered tablets to help with this first, rather than immediate implant removal.
- I understand that if I cannot feel the implant, it appears to have changed shape, I notice any skin changes or pain around the implant, or I become pregnant; I will need to contact the clinic. If you cannot feel your implant, you will need to use extra precautions or an alternative method of contraception.
- I understand that it is not safe to insert an implant if I might be pregnant. I am using an effective method of contraception and have not had any problems (e.g. a burst condom, missed pills or the implant is overdue for change). I have not had unprotected sex (or used withdrawal) since my last period.

- For implant removal or change, I understand that local anaesthetic is used to remove the implant and that a very small cut is used, leaving only a tiny scar. I am aware of possible complications including bruising and infection. I understand that steri-strips are applied with a dressing and that I need to keep it dry for five days.
- I understand that very rarely (for less than one in 100) it may not be possible to remove the implant. In this case, the implant may need to be removed by an experienced doctor using ultrasound guidance. The scar may be slightly bigger.
- I understand that fertility returns immediately following the removal of an implant and that alternative contraceptive methods are required.

If you require any further information, please ask during your appointment.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

The contraception and sexual health team on 01384 321480

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/sexual-health-community/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta brosură poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru vă rugăm să sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔