

# Fitting a raised toilet seat

## Therapy Department

### Patient Information Leaflet

#### Instructions

1. Turn the knobs of the raised toilet seat until the brackets are fully widened.
2. Lift up the existing toilet seat and lid. Please remove any toilet rim blocks/fresheners before fitting the seat, and then place the raised seat onto the toilet bowl.
3. Turn the knobs until the rubber buffers touch the toilet bowl.
4. Test the seat to see if it is securely fitted before you sit on it.
5. The seat can be easily removed by turning the knobs to loosen the seat.
6. The seat can be cleaned with ordinary bathroom cleaner but please avoid products that contain bleach.



If you have any concerns about the equipment, please contact the Occupational Therapy Department on 01384 244185 and leave a message on the answer machine. Please include your name and telephone number and we will return your call as soon as we can.

**This leaflet can be downloaded or printed from:**

<http://dgft.nhs.uk/services-and-wards/occupational-therapy/>

**This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.**

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru vă rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔