

# Breast screening assessment

## Breast Care Team Patient Information Leaflet

### Why have I been asked to come back for another appointment?

Some women may be asked to return to a breast screening assessment clinic because an area on their original mammogram (X-ray) needs to be checked more closely.

### What happens at the clinic?

Everyone is different and assessments vary depending on the person. You will have one or more of the following assessments:

#### **Further mammograms**

We often repeat your original X-rays.

#### **Clinical examination**

Most women have their breasts examined by the specialist in the clinic.

#### **Ultrasound**

This is another way of looking at the breasts using sound waves and is completely painless.

## **Needle (core) biopsy**

Some women will require a needle biopsy. This is carried out to obtain a sample of breast tissue for diagnosis. A small amount of tissue is taken, using local anaesthetic to numb the skin. You should feel fine after the biopsy and be able to carry on as usual afterwards.

## **Fine needle aspiration (FNA)**

We sometimes need to take a sample of cells for diagnosis using a small needle.

Most women attending this clinic are found to have no serious abnormalities in these tests.

The visit can take up to three hours. You are very welcome to bring your partner, a friend or relative with you. However, they may not be able to stay with you during your assessment examinations due to a lack of space in the room. They can, however, remain in the waiting area.

## **Who will I see at the clinic?**

At the assessment clinic you will meet some of the specialist Breast Care Team. These may include advanced practitioners, radiographers, radiologists and breast care nurses. Please note that not all of the health professionals you meet will be female.

The staff will explain the procedures and answer any questions you may have both before and during your assessment.

You will be given the contact details of a breast care nurse in case you wish to contact anyone after your assessment appointment.

## **When will I get the results?**

Where possible the results of your assessment will be given to you before you leave the clinic. However, this will not be possible if you have had a needle biopsy or FNA. Results are usually available within a week and are given out at a subsequent clinic appointment. We sometimes have to repeat a biopsy and occasionally we may need to change an appointment. In either of these cases, you will be contacted by telephone or letter.

## Additional information

- Please do not use spray deodorants or talc before you come to the appointment. Roll-on deodorants can be used.
- You may find it more convenient to dress in separate tops and bottoms.
- If you have a needle biopsy or FNA, you will be given information about this and aftercare instructions. If you are claiming any benefits, you may be entitled to travelling expenses so please ask when you arrive.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

The Breast Care Team on 01384 244065 (8.30am to 5pm, Monday to Friday)

**This leaflet is available to print or download from:**

<http://dgft.nhs.uk/services-and-wards/oncology/>

**This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.**

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此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ، ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

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