



The Dudley Group
NHS Foundation Trust

Advanced Bowel Cancer

Colorectal Cancer Nursing Service

Patient Information Leaflet

Introduction

This leaflet is for people who have had a diagnosis of advanced bowel cancer, which is cancer of the colon or rectum which has spread to other parts of the body. You may hear this called metastatic or secondary bowel or colorectal cancer.

It is to provide you with information about the metastatic colorectal nursing service, how to contact them and how they can help you. We hope you find this leaflet useful but if you have any further questions, please feel free to ask.

Who are the Metastatic Colorectal Specialist Nurses?

We are nurses who specialise in advanced bowel cancer. We work as part of the multidisciplinary team, alongside other healthcare professionals. We offer specialist support and information to you, your family and carers throughout your cancer treatment.

How can the Specialist Nurses help me?

The specialist nurses can help you in the following ways:

- Act as a contact for you and your carers within the hospital throughout your treatment and care.
- Provide information, support and advice about your illness and treatment.
- Provide a full explanation about the aims of treatment, the benefits, possible side effects and potential alternatives.
- Give advice on managing symptoms you may have as a result of your illness or treatment.
- Help identify sources of practical and financial help.
- Carry out an assessment of your individual needs.
- Liaise with other health professionals who may be involved with your care including, but not exclusive to, hospital doctors, GP district nurses and community palliative care nurses.

You may see a member of the specialist nursing team from time to time in clinic, or if you are admitted to hospital due to your illness or treatment related side effects.

You can contact the specialist nurses for advice and support at any stage of your illness and treatment.

Who is in the Specialist Nurses team?

Sam Cook- Metastatic Colorectal Clinical Nurse Specialist (CNS)

You can phone or email us:

Telephone: 01384 456111 extension 2619

Email: dgft.metastaticcolorectalcns@nhs.net

You can reach us between the following hours:

8am-4pm Monday to Friday

There is an answerphone facility if we are not available. Please leave a message and we will call you back.

Can I find out more?

Further support, information and services are available from:

Bowel Cancer UK Telephone 020 7940 1760

www.bowelcanceruk.org.uk

White house Cancer Support

10, Ednam Road

Dudley. DY1 1JX

01384 231232

<http://www.support4cancer.org.uk>

Cancer Research UK Telephone 0300 123 1022

www.cancerresearchuk.org

Macmillan Cancer Support 0808 808 00 00

www.macmillan.org.uk

Penny Brohn UK 0303 300 0118

<https://pennybrohn.org.uk/>

Mary Stevens Hospice Day Unit 01384 443010

info@marystevenshospice.co.uk

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Contact details here

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru vă rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ براہ مہربانی فون نمبر 08000730510 پر رابطہ کریں۔