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For local media

PRESS RELEASE

A local pulmonary rehabilitation patient has been completing 20 laps of his property a day to raise money for charity.

Ben Judd, a patient of the pulmonary rehabilitation team at The Dudley Group NHS Foundation Trust, has been walking 1.5 miles a day for the Breathe Easy Charity, a local support group for patients with chronic lung disease.

Despite not leaving his home since the coronavirus pandemic began, Ben has so far managed to raise £300 through his lockdown laps, and wishes for the money to be gifted directly to the team who care for him.

The pulmonary rehabilitation team offers education and exercise to patients suffering with chronic lung disease, and are currently extending their service to patients who are recovering from COVID-19.

If you would like to support Ben and make a donation, please contact the pulmonary rehabilitation team on 01384 323773 for more information.

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Issued by the communications team at The Dudley Group NHS Foundation Trust.